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February 2007 Newsletter

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What's New?

[Bell Named Business Journal's Forty Under 40](#)

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Greetings Allison,

Law of Attraction: Does it really work?

For me - it all started with the movie, "[What the Bleep](#)", which explains the universe is interconnected with everything and everyone. I was so taken back by this 'theory'. What do they mean the universe is interconnected? It was then that I realized I am not just an 'animal' or human roaming around planet earth. I am much more than that. I am a creator of all things. Just think about it – I have the ability to create life, wealth, happiness, sadness – anything.

After I started realizing my spiritual power, my whole world started to change. I started manifesting dreams – like Embrace Today Concepts – and each morning I would wake up and instead of being stressed about what I don't have – I would be grateful for all my blessings. This mindset shift is one of many recommendations from the documentary "[The Secret](#)". The movie reveals the steps to live the most abundant life through the Law of Attraction. Essentially, the Law explains you will attract everything you want in life - just like a magnet. The movie describes the direct correlation between your thoughts and the future.

A great book to help you start attracting abundance in your life is called [The Power of Intention](#) by Dr. Wayne W. Dyer. When using the Law of Attraction to make your 'intention your reality', Dyer suggests the following steps:

1. See the world as an abundant, providing, friendly place.
2. Affirm: "I attract success and abundance into my life because that is who I am."
3. Remember that your prosperity and success will benefit others, and that no one lacks abundance because you've opted for it.
4. Initiate actions that support your feelings of abundance and success.
5. Become generous to the world with your abundance as the field of intention is to you.
6. Devote the necessary time to meditate on the Spirit within as the source of your success and abundance.
7. Develop an attitude of gratitude for all that manifests into your life.
8. Monitor your emotions as a guidance system for your connection to the universal mind of intention.

Follow this advice to achieve personal gain in relationships and at work. It is amazing to think I used this advice and now my company celebrated its one year anniversary on January 21st! 2007 is off to a great start as I was incredibly proud to receive the [Business Journal's Top Forty Under 40 Award](#).

My point is to inspire you. Read and learn more about the awesome power that you have deep inside you. No excuses. You control every detail of your life. Start living with intention and purpose. Leave behind the old mindset – "I'm going to pray that my business is successful", instead be grateful that "My business is a great success!" The power is real. Embrace it, and most importantly – embrace today!

Embracing your spirit,

Allison

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Join Our List

Fresh Start Women's Foundation Welcomes Allison Bell

[Fresh Start Women's Foundation](#) welcomes Motivational Speaker Allison Bell on Wednesday February 21st from 6:00pm to 8:00pm for an empowerment workshop for women interested in living a more fulfilling life.

- *Have you struggled with finding your purpose in life?
- *Do you feel stress from being in a time of transition?
- *Do you struggle with focusing on the past or worry about events in the future?

If you answered yes to any of these questions - you can't afford to miss this workshop at the Fresh Start Women's Foundation in Phoenix, Arizona. The workshop is only \$5 and each participant will leave motivated and empowered to change the world!

[CLICK HERE](#) to find out more information on this workshop!

[CLICK HERE](#) to find out other workshops presented by Fresh Start Women's Foundation.

Spiritual Makeover: Botox for the Sagging Soul!

- with Allison Bell, Inspirational Diva



This dynamic workshop is designed to invigorate you while offering practical advice and techniques to strengthen your inner spirit. Feel empowered to start living like the woman you have

always dreamed yourself to be! We will cover 4 daily applications that are easy to execute to rebuild your spirit. This workshop also examines new studies of behavior that will increase your energy, level of alertness, enthusiasm, determination, and optimism. Discover the 7 necessary elements of building a new spiritual foundation! (\$5)

Wednesday, February 21, 6 to 8 p.m.

SHOW ME THE MONEY!

The [South Mountain YMCA](#) is on a race to collect \$75,000 for the Strong Kids Campaign!

Inspirational Diva Allison Bell is a Board Manager for the YMCA who has committed to raising over \$9,000 - to make sure the youth in her community can take advantage of the amazing youth related programs at the YMCA. The YMCA was started in 1841 based on Christian principles and one of a handful of organizations that does not turn people away!

Please donate to help this amazing cause! You can make a one time donation, automatic monthly debit deductions - we will accomodate you!

— [CLICK HERE to email Allison Bell for more information](#)



“Today I Will Embrace” Spirit Cards

Wake up and begin your day with “*Today I Will Embrace*” Spirit Cards. Enjoy 40 daily affirmations that promote a positive attitude, and healing from negative energy. Each Spirit Card Package comes in a decorative box and card holder perfect for your desk, vanity, or next to the computer!



Today I will EMBRACE my spiritual self. I will take the time to nurture my spirit, pamper my body, and engage my mind.

Product Information:

*Professionally printed on 120lb weight paper *40 different versions per card package
*1" x 3.5" Glossy Card

Spirit Cards make perfect Valentine's Day Gifts!
— [CLICK HERE to view Spirit Card Collection](#)

Diva Download Corner!

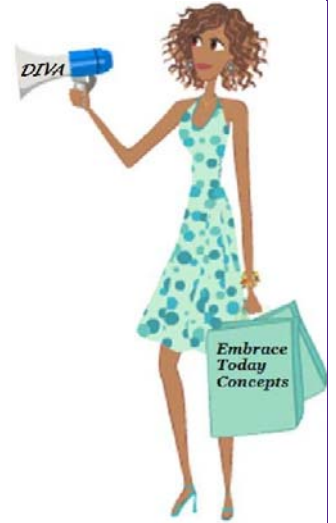
*For all my single Diva's - [CLICK HERE](#) to read a copy of Greg Barent's wildly successful book **"He's Just Not That into You!"**

*Interested in learning the secrets and power of the **Great Wealth Pandemic**? [CLICK HERE](#) to download the free book.

*Want to find out the strengths and weaknesses of your personality? [CLICK HERE](#) to take a 10 minute **personality test!**

>Interested in the **Dalai Lama's Life's Instruction Manual**? [CLICK HERE](#) to read about good karma.

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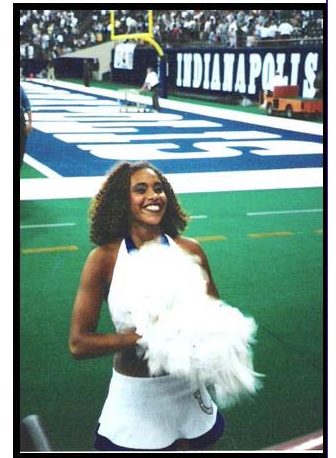


"Un-Official" Colts Cheerleader Alumni Club...

On behalf of the "Un-Official" Colts Cheerleaders Alumni Club - we would like to wish the best of luck to the players and coaches of the Indianapolis Colts at this Sunday's Super Bowl! **GO HORSE!**

Colts Fans Links:

- > [CLICK HERE](#) - Leave a comment for the Team
- >[CLICK HERE](#) - Colts Actions Photos
- >[CLICK HERE](#) - Countdown to Kickoff for Super Bowl
- [CLICK HERE - Indianapolis Colts Official Website](#)



Is your organization or group looking for a dynamic, hip motivational speaker? [CLICK HERE](#) to find out more information on Inspirational Diva Allison Bell!



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